

# Inclusion Allies



All sessions are led by our industry experienced programme mentors.



**Our vision: To live in a world where everyone brings their true self to work.**

Skills 4 is a multiple award-winning diversity and inclusion consultancy. Established in 2006, we have unrivalled expertise in the engineering & construction sectors.

*“It has been a pleasure working with Skills 4 in the quest to embed best EDI practice and allyship in our organisation. The team and programmes are outstanding and producing excellent results. I can highly recommend working with Jayne and the Skills 4 team and look forward to continued collaborations.”*

**Fran Long, Head of Training and Talent Development, The Faraday Institution.**

 [skills4training.org](https://skills4training.org)

 [@skills4uk](https://twitter.com/skills4uk)

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Est. 2006

# Skills 4

## An ally is someone who actively supports and stands up for the equal and fair treatment of others.

Creating inclusive, psychologically safe workplaces where we can all bring our best self to work is crucial for both business performance and employee wellbeing.

Future focused organisations understand the value and impact of allyship and support employees to act as allies for each other, creating inclusive workplaces where individuals and teams perform at their best.

This workshop creates a safe space to have a structured and open dialogue with a diversity and inclusion specialist. It will:

- Highlight the importance and value of allyship in the workplace.
- Develop a greater understanding of stereotype threat, code-switching and microaggressions that may be affecting colleagues.
- Understand the importance of psychological safety in the workplace.
- Learn specific tools and techniques to be an effective ally.
- Engage in open dialogue and learn from each other.

### Alumni Membership:

All delegates are invited to join the Skills 4 alumni group which provides a platform to network and share best practice across different organisations within the sector. We host regular free refresher training and expert talks for our alumni members.

