

# Unconscious Bias



All sessions are led by our industry experienced programme mentors.



**Our vision: To live in a world where everyone brings their true self to work.**

Skills 4 is a multiple award-winning diversity and inclusion consultancy. Established in 2006, we have unrivalled expertise in the engineering & construction sectors.

*"We asked Skills 4 to deliver unconscious bias training to ensure our people understand the part they have to play in creating inclusive cultures where everyone is treated fairly and respected for their skills and expertise. The Skills 4 training has sparked valuable discussions at all levels of the organisation."*

Woz Ahmed,  
Chief of Staff,  
Imagination Technologies



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# Skills 4



This short introductory workshop is ideal for organisations that are at the start of their diversity and inclusion journey. We are all biased to some extent and this session introduces how and why our biases are created and maintained and the impact they can have in our workplaces and employees.

This relaxed session, led by our industry-experienced diversity and inclusion experts, is tailored to meet the needs of the audience; we have a successful record in delivering impactful workshops from the Senior Leadership Team through to shop-floor operatives. Delegates will learn how our stereotypes and biases are created and maintained and why they are essential for human beings to operate successfully in a fast-moving world.

## Outputs:

- Understand the moral, legal, and business case for diversity and inclusion.
- Understand the impact of bias on the attraction, retention, and progression of key talent.
- Gain a deeper understanding of stereotypes and unconscious biases, and why humans create and maintain them.
- Understand the main types of bias and how they play out in the workplace.
- Uncover the simple psychology behind homogeneous teams.
- Develop ideas to counter bias in our people decisions at a personal and organisational level.

## Alumni Membership:

All delegates are invited to join the Skills 4 alumni group which provides a platform to network and share best practice across different organisations within the sector. We host regular free refresher training and expert talks for our alumni members.

